

# FRUMOVITZ, MATSUNAGA, DALY, ROSS, THORDARSON AND VOGEL, M.D.'S

OBSTETRICS, GYNECOLOGY AND INFERTILITY

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## Herbs Contraindicated During Pregnancy

Alfalfa Seeds	Medicago Sativa	Anthraquinones
Aloe Vera	Aloe Barbadosis	
Aloe Resin Powder	Aloe Ferox	
Angelica	Angelica Archangelica	Berberine
Barberry	Berberis Vulgaris	In Medicinal Amounts
Basil	Ocimum Basilicum	
Birthwort	Aristolocia Indica	
Black Cohosh	Cimicifuga Racemosa	
Black Walnut	Juglans Nigra	
Blue Cohosh	Caulophyllum Thalictroides	Pyrrrolizidine Alkaloids
Boneset	Eupatorium Perfoliatum	
Buckthorn	Rhamnus Frangula	
Butchers Broom	Ruscus Asculeatus	
Butternut Bark	Juglans Cinerea	
Cascara Sagrada	Rhamnus Pushiana	
Celery Oil	Apium Graveolens	
Chaparral	Larrea Tridental	
Chaste Tree	Vitex Agnus-Castus	
Cinnamon Bark	Cinnamomum Species	
Colts Foot Leaf	Tusilago Farfara	Glandular & Digest. Stimulant
Comfrey	Symphytum Officinale	
Damiana	Turnera Diffusa	
Devil's Claw	Harpagophytum Procumbens	
Dong Quai	Angelica Sinesis	
Ephedra	Ephedra Sinica	
Fennel Oil	Foeniculum Vulgare	
Feverfew	Tanacetum Parthenium	Decreases PAF
Ginkgo	Ginkgo Biloba	
Ginseng (American)	Panax Quinquefolius	
Ginseng (Korean)	Panax Ginseng	
Ginseng (Tienchi)	Panax Notoginseng	Berberine, Hydrastine Uterine
Goldenseal	Hydrastis Canadensis	Laxative Effect
He Shou Wu	Polygonum Multiflorum	
Horse Chestnut	Asculus Hippocastanum	
Hounds Tongue	Cynglossum Officinale	
Indian Snakeroot	Rauwolfia Serpentine	
Juniper Berries	Juniperus Communis And Other Juniperous Species	

Kava Kava  
Licorice Root  
Life Root  
Liverwort  
Lobelia  
Ma Huang  
Madder  
Male Fern  
Marjoram (Oregano)  
Marsh Tea  
Maté  
Mayapple  
Meadow Saffron  
Mistletoe (American)  
Mistletoe (European)  
Motherwort  
Mugwort  
Muirá Pauma  
Myrrh Gum  
Nutmeg  
Oregon Grape  
Parsley  
Pasque Flower  
Penny Royal Oil  
Petasites Root  
Poke Root  
Prickly Ash  
Pumpkin Seeds  
Red Clover  
Rhubarb Root  
Rue  
Saffron  
Sage  
Senna  
Tansy  
Uva Ursi  
Wild Lettuce  
Wormwood

Piper Methycticum  
Glycyhiza Glabra  
Senecio Aureus  
Hepatica Nobilis  
Lobelia Inflata  
See Ephedra  
Rubia Tinctorum  
Dryopteris Filix-Mas  
Origanum Majorana  
Ledum Palustris  
Ilex Paraguariensis  
Podophyllum Peltatum  
Colchicum Autumnate  
Phoradendron Leucarpon  
Viscum Album  
Leonurus Cardiaca  
Artemisia Vulgaris  
Ptychopetulum Olacoides  
Commiphora Myrrha  
Myristica Officinalis  
Berberis Aquifolium  
Petr selenium Crispus  
Anemone Pulsatilla  
Menthe Pulegium  
Petasites Species  
Phytolacca Americana  
Zanthoxylum Americanum  
Curcubita Maxima  
Trifolium Pretense  
Rheum Officinale  
Ruta Graveolens  
Crocus Sativa  
Salvia Officinalis  
Cassia Species  
Tanacetium Vulgare  
Arctostaphylos Uva-Ursi  
Lacuca Virosa  
Artemisia Absinthium

Cathartic

Estrogenic, Coumarins

In Medicinal Amounts